WELSH WOMEN'S BOWLING ASSOCIATION

Affiliated to the Commonwealth Games Council for Wales

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Hello Ladies,

I would just like to say, as your President, please keep safe and well during these extraordinary times we are living in.

I like you are devastated that we cannot go out and play our beloved game of bowls this season; but we must abide to the rules laid down by the government. Look after ourselves, family, relatives and friends by staying at home, only going out for food and medicines, taking outdoor exercise where and when possible, keeping yourselves 2 metres apart when out and don't forget keep washing those hands we can and will beat this virus.

Bowls is a close community so I ask you all to keep in touch with your club members by setting up a What's App group, or a messenger group via Facebook or by just phoning one another, by e mail or good old fashion letter writing.

When this is all over have a party in your club house to celebrate, the hangover will be worth it Ladies. Goodness knows when normality will return but it will.

My heartfelt thanks go out to all those that are putting their life on the line helping our country, especially the NHS and all the key workers doing their jobs just to keep us safe and the country going.

Ladies take care keep safe and well.

Alison Wilsher